



Natalie Chen

Psychotherapist

Master of Arts in Social Sciences, Psychology
University of Chicago, US

Bachelor of Science in Psychology
University of California, San Diego, US

Professional Experience

Years of practice: 2 years 500+ hours of direct counseling experience

Specialized groups/directions

Children/adolescents (10-18 years old)/adults of all life stages

Mild to moderate depression/anxiety

Stress and trauma

Personal growth and exploration

Parent-Child relationship

Relationship issues / Emotional issues/ academic or working pressure

"Counseling is a process, not product. Seeking professional help is the first step towards improvement. We are all in this process together. You are not alone. I will do my best to support you and stay by your side in embracing steps of life. "

Language: Madarin /English
Consultation Fee:RMB 400/50min